

**BA PSYCHOLOGY
THIRD SEMESTER [REPEAT]
DEVELOPMENTAL PSYCHOLOGY
BPY - 302**

**SET
A**

[USE OMR SHEET FOR OBJECTIVE PART]

Duration: 3 hrs.

Full Marks: 70

Time: 30 mins.

(Objective)

Marks: 20

Choose the correct answer from the following:

1 × 20 = 20

- Which one of the following attitude/behaviour is affected by the change of puberty?
 - Boredom
 - Self confidence
 - Social antagonism
 - All the above
- Gonadotropic hormone is produced by :
 - Adrenal gland
 - Thyroid gland
 - Pituitary gland
 - Exocrine glands
- Adolescents express their anger by:
 - Temper tantrum
 - Sulking
 - Soft speaking
 - Explode
- Period is called the reproductive age of human life.
 - Adolescent
 - Early adulthood
 - Puberty
 - Middle age
- Development is a continuous process, however the stops growing at an average of eighteen.
 - Skeleton
 - Bone tissue
 - Muscle tissues
 - Sex glands
- Which stage of Piaget's cognitive development theory corresponds to adolescence?
 - Concrete operational
 - Preoperational
 - Formal operational
 - Sensorimotor
- During adolescence, the brain undergoes significant development in which region?
 - Occipital lobe
 - Parietal lobe
 - Frontal lobe
 - Temporal lobe
- Who proposed the identity vs. role confusion stage?
 - Sigmund Freud
 - Jean Piaget
 - Erik Erikson
 - Lev Vygotsky
- What is the age range of the Puberty stage?
 - 10 to 12 years
 - 6 to 12 years
 - 11 to 18 years
 - 8 to 10 years

10. Which of the following changes do not occur in females during puberty?
 - a. Deepening of voice
 - b. Enlargement of breasts
 - c. Growth of hair at armpit
 - d. Menstruation
11. Erik Erikson's psychosocial challenge for middle adulthood is:
 - a. Identity vs. Role Confusion
 - b. Intimacy vs. Isolation
 - c. Generativity vs. Stagnation
 - d. Integrity vs. Despair
12. Which of the following best describes the "sandwich generation" in middle adulthood?
 - a. To juggle between both work and study
 - b. To care for both their children and aging parents
 - c. Transitioning from one career to another
 - d. Seeking to develop newer hobbies
13. Which condition is primarily associated with a decline in testosterone levels in men?
 - a. Estrogen dominance
 - b. Menopause
 - c. Andropause
 - d. Depression
14. During early adulthood, which of the following begin to decline?
 - a. Metabolism
 - b. Dexterity
 - c. Physical fitness
 - d. Cognitive functioning
15. Which cognitive change is typically associated with middle adulthood?
 - a. Increase in fluid intelligence
 - b. Decline in short-term memory
 - c. Decline in crystallized intelligence
 - d. Improvement in reflexes
16. What is the most common type of dementia affecting older adults?
 - a. Parkinson's disease
 - b. Huntington's disease
 - c. Alzheimer's disease
 - d. Lewy body dementia
17. What is the term for the process of preparing for one's own death, often experienced in late adulthood?
 - a. Ego transcendence
 - b. Death denial
 - c. Thanatology
 - d. Bereavement
18. The concept of "ageism" refers to:
 - a. Increased wisdom with age
 - b. Negative attitudes and discrimination toward older adults
 - c. Embracing cultural diversity in older populations
 - d. Increased memory loss with age
19. Which of the following is a common psychological reaction in late adulthood when one reflects on life experiences?
 - a. Role Confusion
 - b. Ego Integrity
 - c. Social Despair
 - d. Initiative

20. The "wear and tear" theory of aging suggests that aging occurs due to:
- a. Genetic programming that determines lifespan
 - b. Accumulated damage to cells and tissues
 - c. Social and environmental influences on lifestyle
 - d. Immunological processes that weaken with age
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(Descriptive)

Time : 2 Hr. 30 Mins.

Marks : 50

[Answer question no.1 & any four (4) from the rest]

1. "Puberty is a unique and distinctive period characterized by certain developmental changes"- discuss any five characteristics of puberty. 10
2. Define adolescence. Discuss about the external and internal body changes during adolescence. 2+8=10
3. Write short notes on: (*any two*) 5×2= 10
 - a) Secondary Sex Characteristics
 - b) Conditions responsible for Puberty Changes
 - c) Social groupings of adolescent
4. Define Puberty. "Puberty changes effects on attitudes and behaviour on pubescent"- Discuss the statement. 3+7=10
5. What is Parenting? How can the different parenting types influence the behavior and development of an individual. Elucidate. 10
6. Discuss the physical, cognitive and psychosocial changes in early adulthood and how they contribute to an individual's development. 10
7. Define Old age in Human development? Elaborate the stages of Death by Kubler Ross. 2+8=10
8. What do you mean by "Caregivers burnout"? Compare and Contrast both Hospice care and Palliative care. 2+8=10

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