

**BA PSYCHOLOGY  
THIRD SEMESTER  
DEVELOPMENTAL PSYCHOLOGY  
BPY - 302**

**SET  
B**

**[USE OMR SHEET FOR OBJECTIVE PART]**

Duration: 3 hrs.

Full Marks: 70

Time: 30 mins.

**(Objective)**

Marks: 20

*Choose the correct answer from the following:*

*1 × 20 = 20*

- Erik Erikson's psychosocial challenge for middle adulthood is:
  - Identity vs. Role Confusion
  - Intimacy vs. Isolation
  - Generativity vs. Stagnation
  - Integrity vs. Despair
- Which of the following best describes the "sandwich generation" in middle adulthood?
  - To juggle between both work and study
  - To care for both their children and aging parents
  - Transitioning from one career to another
  - Seeking to develop newer hobbies
- Which condition is primarily associated with a decline in testosterone levels in men?
  - Estrogen dominance
  - Menopause
  - Andropause
  - Depression
- During early adulthood, which of the following begin to decline?
  - Metabolism
  - Dexterity
  - Physical fitness
  - Cognitive functioning
- Which cognitive change is typically associated with middle adulthood?
  - Increase in fluid intelligence
  - Decline in short-term memory
  - Decline in crystallized intelligence
  - Improvement in reflexes
- What is the most common type of dementia affecting older adults?
  - Parkinson's disease
  - Huntington's disease
  - Alzheimer's disease
  - Lewy body dementia
- What is the term for the process of preparing for one's own death, often experienced in late adulthood?
  - Ego transcendence
  - Death denial
  - Thanatology
  - Bereavement
- The concept of "ageism" refers to:
  - Increased wisdom with age
  - Negative attitudes and discrimination toward older adults
  - Embracing cultural diversity in older populations
  - Increased memory loss with age



9. Which of the following is a common psychological reaction in late adulthood when one reflects on life experiences?
  - a. Role Confusion
  - b. Ego Integrity
  - c. Social Despair
  - d. Initiative
10. The "wear and tear" theory of aging suggests that aging occurs due to:
  - a. Genetic programming that determines lifespan
  - b. Accumulated damage to cells and tissues
  - c. Social and environmental influences on lifestyle
  - d. Immunological processes that weaken with age
11. Which one of the following attitude/behaviour is affected by the change of puberty?
  - a. Boredom
  - b. Self confidence
  - c. Social antagonism
  - d. All the above
12. Gonadotropic hormone is produced by :
  - a. Adrenal gland
  - b. Thyroid gland
  - c. Pituitary gland
  - d. Exocrine glands
13. Adolescents express their anger by:
  - a. Temper tantrum
  - b. Sulking
  - c. Soft speaking
  - d. Explode
14. .... Period is called the reproductive age of human life.
  - a. Adolescent
  - b. Early adulthood
  - c. Puberty
  - d. Middle age
15. Development is a continuous process, however the ..... stops growing at an average of eighteen.
  - a. Skeleton
  - b. Bone tissue
  - c. Muscle tissues
  - d. Sex glands
16. Which stage of Piaget's cognitive development theory corresponds to adolescence?
  - a. Concrete operational
  - b. Preoperational
  - c. Formal operational
  - d. Sensorimotor
17. During adolescence, the brain undergoes significant development in which region?
  - a. Occipital lobe
  - b. Parietal lobe
  - c. Frontal lobe
  - d. Temporal lobe
18. Who proposed the identity vs. role confusion stage?
  - a. Sigmund Freud
  - b. Jean Piaget
  - c. Erik Erikson
  - d. Lev Vygotsky
19. What is the age range of the Puberty stage?
  - a. 10 to 12 years
  - b. 6 to 12 years
  - c. 11 to 18 years
  - d. 8 to 10 years

20. Which of the following changes do not occur in females during puberty?
- a. Deepening of voice
  - b. Enlargement of breasts
  - c. Growth of hair at armpit
  - d. Menstruation

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**( Descriptive )**

Time : 2 Hr. 30 Mins.

Marks : 50

[ Answer question no.1 & any four (4) from the rest ]

1. "Puberty is a unique and distinctive period characterized by certain developmental changes"- discuss any five characteristics of puberty. 10
2. Define adolescence. Discuss about the external and internal body changes during adolescence. 2+8=10
3. Write short notes on: (*any two*) 5×2= 10
  - a) Secondary Sex Characteristics
  - b) Conditions responsible for Puberty Changes
  - c) Social groupings of adolescent
4. Define Puberty. "Puberty changes effects on attitudes and behaviour on pubescent"- Discuss the statement. 3+7=10
5. What is Parenting? How can the different parenting types influence the behavior and development of an individual. Elucidate. 10
6. Discuss the physical, cognitive and psychosocial changes in early adulthood and how they contribute to an individual's development. 10
7. Define Old age in Human development? Elaborate the stages of Death by Kubler Ross. 2+8=10
8. What do you mean by "Caregivers burnout"? Compare and Contrast both Hospice care and Palliative care. 2+8=10

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