



Time: 30 min.

**Marks: 20**

## Objective

**Choose the correct answer from the following:**

$$1 \times 20 = 20$$

- The word 'psychology' comes from:
    - Latin
    - Spanish
    - Greek
    - Italian
  - Psychology is defined as the scientific study of:
    - People and things
    - Emotions and beliefs
    - Perception and religion
    - Mind and behaviour
  - Who is the father of Psychology?
    - Wilhelm Wundt
    - G. Jung
    - Sigmund Freud
    - None of the above
  - Which of the following is an assumption in Maslow's hierarchy of needs?
    - Needs are dependent on culture and also on social class
    - Lower level needs must be at least partially satisfied before higher needs can affect behavior
    - Needs are not prioritized or arranged in any particular order
    - Needs have no relevance to hierarchy
  - A person who is in the position of attempting to satisfy their needs at the most basic level is operating at the level of Maslow's needs hierarchy call the need for \_\_\_\_\_
    - Self actualization
    - Esteem
    - Physical
    - Belongingness
  - Which among the following is also called as "transitional age"?
    - Early childhood
    - Late childhood
    - Early Adolescence
    - Late Adolescence
  - Infancy determines the age of children
    - 12 -18 years
    - 6-12 years
    - 6 years from birth
    - None of the above
  - Which among the following is also called as period of "storm and stress"?
    - Middle age
    - Late childhood
    - Adulthood
    - Adolescence

9. Which of the following is not a characteristic of infancy?
- a. Speed in physical development
  - b. Dependency on others
  - c. To be moral
  - d. Intensity of mental activity
10. The period from 13 years to 17 years is referred to as
- a. Infancy
  - b. Early childhood
  - c. Early Adolescence
  - d. Late Adolescence
11. Which personality assessment technique focuses on one to one interaction?
- a. Observation
  - b. Interview
  - c. Projective test
  - d. Rating scale
12. Forming specific conclusion from general observation is called
- a. Inductive Reasoning
  - b. Analogical reasoning
  - c. Deductive Reasoning
  - d. None of the above
13. Which approach to personality focuses on unconscious mind?
- a. Psychoanalytic approach
  - b. Humanistic approach
  - c. Cognitive approach
  - d. Behaviouristic approach
14. Creative thinking involves
- a. Repetition
  - b. Previous knowledge
  - c. Novelty
  - d. None of the above
15. Intelligence is measured in terms of
- a. EQ
  - b. SQ
  - c. IQ
  - d. All of the above
16. Who has proposed Multiple Theory of Intelligence?
- a. Cattell
  - b. Sternberg
  - c. Miller
  - d. Gardner
17. Which of the following is NOT a stress management technique?
- a. Fighting
  - b. Adequate sleep
  - c. Exercise
  - d. Balanced diet
18. Overt behavior is one of the level of analysis of
- a. Attitude
  - b. Intelligence
  - c. Perception
  - d. Emotions
19. If things are perceived as belonging together it is called
- a. Law of similarity
  - b. Law of closure
  - c. Law of proximity
  - d. None of the above
20. Focusing of awareness on certain specific objects by excluding others from the moment is called as
- a. Attention
  - b. Observation
  - c. Search
  - d. Readiness

## ( Descriptive )

Time : 2 hrs. 30 min.

Marks : 50

**[ Answer question no.1 & any four (4) from the rest ]**

1. Define Motivation. Explain Maslow's hierarchy of needs with Diagram.  $3+7=10$
2. What do you mean by perception? Explain the principles of organization of perception.  $2+8=10$
3. Define Emotions. What are the different levels of analysis of emotions?  $2+8=10$
4. Define Psychology. Do you consider psychology as science? Elaborate your views on how Psychology is related to Physiotherapy.  $2+4+4 =10$
5. Define Stress. What are the various types of stress? Explain the various causes of stress?  $2+4+4 =10$
6. What is Learning? Explain Thorndike's Trial and error method of learning.  $3+7=10$
7. Define Intelligence. Elaborate the various theories of Intelligence.  $3+7=10$
8. Elucidate the various techniques of Personality Assessment. 10

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