

**SET
C**

Duration : 3 hrs.

Full Marks : 75

Time : 30 min.

Marks : 20

(PART-A: Objective)

$$1 \times 20 = 20$$

Choose the correct answer from the following:

1. What is the chemical name of Vitamin B12?
 - a. Cyanocobalamin
 - b. Pyridoxine
 - c. Niacin
 - d. Pantothenic acid
2. Which of the following is not a Fat Soluble Vitamin?
 - a. Retinol
 - b. Pyridoxine
 - c. Tocopherol
 - d. Phylloquinone
3. Which Country is the 2nd largest producer and consumer of Tobacco?
 - a. USA
 - b. India
 - c. China
 - d. Russia
4. Full Form of RDA is.....
 - a. Recommended Dietary Allowances
 - b. Recommended Diet Alloment
 - c. Recognized Dietary Allowances
 - d. Receivable Dietary Allowances
5. In which year was the National Malaria Control Programme launched?
 - a. 1953
 - b. 1977
 - c. 1958
 - d. 1979
6. Thiamine is also known as.....
 - a. Vitamin B1
 - b. Vitamin E
 - c. Vitamin B6
 - d. Vitamin K
7. What is the chemical name of Vitamin E?
 - a. Tocopherol
 - b. Calciferol
 - c. Phylloquinone
 - d. Biotin
8. Which Country is the 1st largest producer and consumer of Tobacco?
 - a. China
 - b. Australia
 - c. Malaysia
 - d. Japan
9. What is the chemical name of Vitamin B6?
 - a. Thiamine
 - b. Pyridoxine
 - c. Folic Acid
 - d. Pantothenic acid
10. Which of the following vitamin helps in blood clotting?
 - a. Vitamin C
 - b. Vitamin A
 - c. Vitamin B
 - d. Vitamin K

11. Name India's 1st NGO on Family Welfare Programme?
 - a. Family Planning Association of India
 - b. Foundation for Reproductive Health Services India
 - c. Both 'a' and 'b'
 - d. Neither 'a' nor 'b'
12. What is the full form of CRSP?
 - a. Central Rural Sanitation Programme
 - b. Core Rural Sanitation Process
 - c. Central Regional Sanitation Programme
 - d. All of the above
13. What is the chemical name of Vitamin D?
 - a. Thiamine
 - b. Pyridoxine
 - c. Calciferol
 - d. Pantothenic acid
14. What is the chemical name of Vitamin K?
 - a. Tocopherol
 - b. Calciferol
 - c. Phylloquinone
 - d. Biotin
15. What is the full form of NTCP?
 - a. National Tobacco Control Programme
 - b. National Tuberculosis Control Programme
 - c. National Typhoid Control Programme
 - d. All of the above
16. Which of the following disease is caused due to the deficiency of niacin?
 - a. Scurvy
 - b. Pernicious anaemia
 - c. Pellagra
 - d. Rickets
17. Which of the following is not a drug of abuse?
 - a. Narcotic Analgesic
 - b. Anxiolytic Drugs
 - c. CNS Depressants
 - d. Fennel Drugs
18. Drug misuse is therapeutic and intentional. Choose the correct option?
 - a. 1st statement is incorrect, but 2nd statement is correct
 - b. 1st statement is correct, but 2nd statement is incorrect
 - c. None of the statements are correct
 - d. Both the statements are correct.
19. Which of the following is a leading vitamin A deficiency caused in Children worldwide?
 - a. Night blindness
 - b. Colour blindness
 - c. Cataract
 - d. Glaucoma
20. What is the full form of NUHM?
 - a. National Urban Health Mission
 - b. National Health Mission
 - c. Both 'a' and 'c'
 - d. None of the above

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(PART-B :Descriptive)

Time : 2 hrs. 30 min.

Marks : 35

[Answer any seven (7) questions]

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| 1. Explain the main strategies of NUHM? | 5 |
| 2. Explain Global Urbanization and its impact on Health and Disease? | 2.5+2.5
=5 |
| 3. Give the differences between Drug Misuse and Drug Abuse? | 2.5+2.5
=5 |
| 4. Define Health as per WHO? Explain the Concept of Health? | 2+3=5 |
| 5. Write a note on Balanced Diet with Food Pyramid Diagram? | 2.5+2.5
=5 |
| 6. What is MCH Programme? Explain its Aims and Objectives? | 2+3=5 |
| 7. Explain the benefits of Quitting Tobacco? | 5 |
| 8. Define the following terms: Epidemic, Endemic, Outbreak, Pandemic, Isolation? | 1+1+1+
1+1=5 |
| 9. Explain Lymphatic filariasis? | 5 |

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(PART-C: Long type questions)

[Answer any two (2) questions]

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|---|---------------------------|
| 1. Explain the Lifecycle of Malaria with a neat diagram? | 10 |
| 2. Explain the Objectives, Function and Outcome of the National Tuberculosis Control Programme? | 2.5+2.5
+2.5+
2.5=5 |
| 3. Explain the Health Promotion and Education in School? | 10 |

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