

REV-01  
BPY/01/05

2024/07

**SET  
A**

**BA PSYCHOLOGY  
FIRST SEMESTER [SPECIAL REPEAT]  
INTRODUCTION TO PSYCHOLOGY  
BPY – 101 / 711 (GENERIC ELECTIVE)  
[USE OMR SHEET FOR OBJECTIVE PART]**

Duration : 3 hrs.

Full Marks : 70

( PART-A: Objective )

Time : 30 min.

Marks : 20

*Choose the correct answer from the following:*

**1 × 20 = 20**

- 'Legal Psychology' is a branch of
  - Pure psychology
  - General psychology
  - Applied psychology
  - Clinical psychology
- Who established the first psychological laboratory at the University of Leipzig, Germany
  - William James
  - Wilhelm Wundt
  - William Mc Doughall
  - None of these
- Psychology as department, first established by which University?
  - Mumbai University
  - Delhi University
  - Calcutta University
  - Madras University
- Psychology has been defined as a science of
  - Mind
  - consciousness
  - Behavior
  - unconsciousness
- Who was the first man to define Psychology?
  - William James
  - William Wundt
  - William Mc Doughall
  - None of the above
- Which of the following psychological methods can help to solve the practical problems?
  - Relaxation training
  - Record keeping
  - Positive self statements
  - All of the above
- Any relatively permanent change in behaviour produced by experience is called
  - Adjustment
  - Learning
  - Motivation
  - Emotion
- Classical conditioning was first investigated by
  - B.F. Skinner
  - Ivan P. Pavlov
  - Seligman and Maier
  - None of the above
- Which of the following instincts is powerful motivational forces?
  - Life instincts
  - Death instincts
  - Both (a) and (b)
  - None of the above

10. Systematic desensitization is used
- a. To eliminate habits that are undesirable
  - b. To help those suffering from excessive anxieties
  - c. To modify maladaptive behaviour
  - d. To increase attendance
11. The first stage of memory is
- a. Encoding
  - b. storage
  - c. Retrieval
  - d. decoding
12. Forgetting may occur due to failure of
- a. Recall or reproduction
  - b. Repetition
  - c. Recognition
  - d. All of the above
13. Which of the following emotions is termed as negative emotions?
- a. Curiosity
  - b. Amusement
  - c. Fear
  - d. Joy
14. Which of the following is an example of a Specific Learning Disability?
- a. Mental Retardation
  - b. Dyslexia
  - c. ADHD
  - d. Autistic spectrum disorders
15. Which of the following is an example of an intellectual disability?
- a. Dyslexia
  - b. ADHD
  - c. Mental Retardation
  - d. Autistic spectrum disorders
16. In learning disabilities, the name for mathematical disorder is
- a. Dyspraxia
  - b. Dyslexia
  - c. Dyscalculia
  - d. Dysphasia
17. An anxiety disorder is:
- a. An emotional state identified by panic attacks
  - b. An emotional condition classified by excessive checking
  - c. Disordered thinking
  - d. An excessive or aroused state characterized by feelings of apprehension.
18. Mania involves:
- a. Feelings of euphoria
  - b. Ideas coming too fast and too many.
  - c. Boundless, frenzied energy
  - d. All of the above
19. Pick one of the following familial factors that plays a role in the development of eating disorders?
- a. Parental obesity
  - b. Parental attitudes to sex
  - c. Parental attitudes to media
  - d. Parental attitudes to education
20. Behaviour modification is a type of:
- a. Behaviour therapy
  - b. Cognitive behavioural therapy
  - c. Humanistic therapy
  - d. Client centred therapy

**( PART-B : Descriptive )**

Time : 2 hrs. 30 min.

Marks : 50

[ Answer question no.1 & any four (4) from the rest ]

1. Define Psychology? Illustrate the subfields of psychology? Support your answer with appropriate justifications? 3+7=10
2. What is learning disability? Discuss its main types? 2+8=10
3. Write short notes: 5+5=10
  - a) Types of Memory
  - b) Anxiety disorder
4. Define memory? What are the different ways to enhance memory? 3+7=10
5. Explain the Maslow's Hierarchy of Needs? 10
6. Briefly explain: 5+5=10
  - a) Difference between Psychotherapy and Biomedical therapy.
  - b) Eating disorder
7. What is emotion? Discuss the types of emotions with suitable example? 3+7=10
8. What are the different types of mood disorders? Discuss the main symptoms of bipolar disorder? 2+8=10

== \*\*\* ==