

MA EDUCATION
THIRD SEMESTER
MENTAL HYGIENE AND EDUCATION
MAE - 305

**SET
A**

[USE OMR SHEET FOR OBJECTIVE PART]

Duration: 1.30 hrs.

Full Marks: 35

Time: 15 mins.

(Objective)

Marks: 10

Choose the correct answer from the following:

1×10=10

1. Illustrative case studies are
 - a. Descriptive
 - b. Exploratory
 - c. Analytical
 - d. Explanatory
2. As per Sigmund Freud Case studies can be used to solve
 - a. Behavioural problems
 - b. Personality problems
 - c. Attitudinal problems
 - d. Personal problems
3. Functions of Mental Hygiene is
 - a. Treating mental health issues
 - b. Adjustment
 - c. Development of preventive and curative programmes
 - d. Development of sound mental health
4. Psychological Needs of adolescent can be addressed through
 - a. Addressing identity issues
 - b. Addressing developmental issues
 - c. Solving family issues
 - d. All of the above
5. Pre-natal sankaras are
 - a. Garbhadan
 - b. Namakarana
 - c. Karnavedh
 - d. Nishkrama
6. Trait Model is propagated by
 - a. Bell
 - b. Belsky
 - c. Freud
 - d. Holden and Miller
7. A parent saying "Because I said so." Is an example of
 - a. Authoritative style of parenting
 - b. Democratic style of parenting
 - c. Authoritarian style of parenting
 - d. Permissive style of parenting
8. What does present situation mean to you? Is an example of
 - a. Open questions
 - b. Circular questions
 - c. Hypothetical questions
 - d. Close ended questions

9. Scholastic Needs cater to the issue of

- a. Dropout
- c. Learning disability

- b. Biasness
- d. All of the above

10. Basic Counseling skill are

- a. Empathy
- c. A & B

- b. competence
- d. None of the Above

(Descriptive)

Time : 1 Hr. 15 Mins.

Marks : 25

[Answer question no.1 & any two (2) from the rest]

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|---|----------|
| 1. Explain the concept of mental hygiene. State the relationship between mental and mental hygiene. | 3+2= 5 |
| 2. Explain the criteria for a mentally healthy person with examples. | 10 |
| 3. What are the challenges of adolescent period and how to address them? | 10 |
| 4. What is a case study? State the nature and criteria for selecting a case study. | 3+3+4=10 |
| 5. Explain the types of questioning in an Interview technique with examples. | 10 |

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