

BA PSYCHOLOGY
SECOND SEMESTER
LIFE SPAN DEVELOPMENT
BPY – 921 [IDMn]

**SET
A**

[USE OMR SHEET FOR OBJECTIVE PART]

Duration: 3 hrs.

Full Marks: 70

Time: 30 mins.

(Objective)

Marks: 20

Choose the correct answer from the following:

1 × 20 = 20

1. What is the study of physical, cognitive, social, and emotional changes throughout our lives called?
 - a. Developmental psychology
 - b. Cognitive psychology
 - c. Psychosocial development
 - d. Moral development
2. Infancy determines the age of children
 - a. 12 -18 years
 - b. 6-12 years
 - c. 6 years from birth
 - d. None of the above
3. Which among the following is also called as "transitional age"?
 - a. Early childhood
 - b. Infancy
 - c. Late childhood
 - d. Adolescence
4. The period from 13 years to 17 years is referred to as
 - a. Infancy
 - b. Early childhood
 - c. Early Adolescence
 - d. Late Adolescence
5. Which of the following is not a characteristic of infancy?
 - a. Speed in physical development
 - b. Dependency on others
 - c. To be moral
 - d. Intensity of mental activity
6. Infants form one of four kinds of attachments with their caregivers. Which is generally considered to be the desired kind of attachment?
 - a. Secure
 - b. Avoidant
 - c. Resistant
 - d. Disorganized
7. Which among the following is also called as "terrible teens"?
 - a. Late adolescence
 - b. Late childhood
 - c. Adulthood
 - d. Early Adolescence
8. Which among the following is also called as period of "storm and stress"?
 - a. Middle age
 - b. Late childhood
 - c. Adulthood
 - d. Adolescence
9. Which period is known as "Problem Age"?
 - a. Adolescence
 - b. Childhood
 - c. Adulthood
 - d. Old age

10. Occurring automatically and involuntarily as a result of the nervous system's reaction to a stimulus
- a. Reflexes
 - b. Gross motor skills
 - c. Fine motor skills
 - d. Development
11. Achievement of which milestones mark the transition to adulthood?
- a. Buying a car
 - b. Having a family
 - c. Buying a house
 - d. None of these; the transition to adulthood is gradual and not marked by a single factor
12. Prejudice of discrimination against the elderly
- a. Ageism
 - b. Sexism
 - c. Dementia
 - d. Cruelty to the elderly
13. Erik Erikson suggests that middle adulthood encompasses the period of _____, where people consider their contributions to family, community, work, and society.
- a. Formal operations period
 - b. Identity-Versus-Identity-Identity-Confusion-Stage
 - c. Ego-Integrity-Versus-Despair-Stage
 - d. Generativity Versus Stagnation
14. Which of the following does not occur with increasing age?
- a. A reduction in lean body mass
 - b. A reduction in bone density
 - c. An increased appetite
 - d. Impaired immune function
15. Social and emotional well-being in young adulthood can be affected by what?
- a. Establishing a career
 - b. Establishing serious relationships
 - c. Increasing responsibility and independence
 - d. All of these
16. Biological factors of 'aging' includes
- a. Molecular change
 - b. Cellular change
 - c. A and B
 - d. None of them
17. What are some of the 'crises' affecting social and emotional well-being in middle adulthood?
- a. Physical signs of aging
 - b. Children growing up and leaving home
 - c. Boredom with a chosen career
 - d. All of these
18. The life stage after 65+ age is called
- a. Adolescence
 - b. Infancy
 - c. Later Adulthood
 - d. Middle Adulthood
19. Which of the following lifestyle factors are known to affect well-being positively in late adulthood?
- a. Mental and physical activity, nutrition
 - b. Alcohol consumption and retiring early
 - c. Drug consumption, mental and physical activity
 - d. None of these

20. The most common impairment among elderly persons
- a. ADLS
 - b. Theories
 - c. Arthritis
 - d. Subcultures

(Descriptive)

Time : 2 Hr. 30 Mins.

Marks : 50

[Answer question no.1 & any four (4) from the rest]

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| 1. What are the physical and psychological changes in middle adulthood? | 5+5=10 |
| 2. Write about palliative care for aged people. What are the benefits of palliative care? | 5+5=10 |
| 3. What are the physical and psychological changes in early adulthood? | 5+5=10 |
| 4. What are the characteristics of old age? Describe the theories of old age. | 5+5=10 |
| 5. Define infancy. What are the various physical changes during infancy? | 3+7=10 |
| 6. Define Puberty. What are the psychological changes that occur during adolescence? | 2+8=10 |
| 7. What are the characteristics of adolescence period? Explain about the various physical and cognitive changes that occur during adolescence | 5+5=10 |
| 8. What do you understand by perinatal, prenatal and post natal period? Write down the characteristics of infancy. | 5+5=10 |

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