

**MA EDUCATION
THIRD SEMESTER
LIFE SKILL EDUCATION (MDC)
MAE-306**

Duration: 3 Hrs.

Marks: 70

PART : A (OBJECTIVE) = 20
PART : B (DESCRIPTIVE) = 50

[PART-B : Descriptive]

Duration: 2 Hrs. 40 Mins.

Marks: 50

[Answer question no. One (1) & any four (4) from the rest]

1. What do you mean by Life skill education, give an appropriate definition? (2+3+5=10)
Write any five importance of life skill education.
2. Explain personality adjustment as an important goal of Life skill education. (5+5=10)
What are the important principles of listening skills?
3. Differentiate between Interpersonal skill and Cognitive skill. How can you (5+5=10)
internalize life skills in your daily life?
4. Describe the important elements of effective communication. (10)
5. Explain the causes of conflict and how we can manage conflict situation? (5+5=10)
6. What is career guidance? Describe the need and importance of Career (2+8=10)
guidance.
7. Describe about the career guidance centre. How can we decide a career (2+8=10)
path?
8. Discuss about the job facing skills. How can we develop a good resume? (5+5=10)

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[PART-A : Objective]

Choose the correct answer from the following:

1×20=20

1. Life skills are abilities for adaptive and behavior.
 - a. Positive
 - b. Adjustive
 - c. Transparent
 - d. Evaluative
2. Life skills are a balance of areas.
 - a. 2
 - b. 3
 - c. 4
 - d. 5
3. The ability to introspect and analyse one's thoughts, actions and desires is known as:
 - a. Self esteem
 - b. Self analysis
 - c. Self awareness
 - d. All of the above
4. is the ability to be sensitive towards other's situations.
 - a. Empathy
 - b. Sympathy
 - c. Both a and b
 - d. Neither a nor b
5. Is it important to link healthy interpersonal relationships as well as delink unconstructive relationships?
 - a. No opinion
 - b. Disagree
 - c. Agree
 - d. Neutral
6. Critical thinking about making judgement regarding risks and choices.
 - a. Subjective
 - b. Objective
 - c. Critical
 - d. Value
7. makes the person feel heard and understood.
 - a. Communication
 - b. Assertion
 - c. Empathy
 - d. Listening
8. Which of the following is important for a successful interview?
 - a. Dressing conservatively
 - b. Having more achievements
 - c. Proper expression of ideas
 - d. All of the above
9. Being open in expressing wishes, thoughts and desires is known as:
 - a. Open minded
 - b. Expressive
 - c. Assertive
 - d. Encouraging
10. Cooperation is an organized activity performed for a:
 - a. Goal
 - b. Benefit
 - c. Relationship
 - d. Task
11. Sometimes competition can become the cause of:
 - a. Communication
 - b. Conflict
 - c. Accommodation
 - d. Cooperation
12. Communication is a process whereby is enclosed and channeled by the sender via a medium to the receiver.
 - a. Feedback
 - b. Message
 - c. Information
 - d. All of the above
13. Mostly Adolescents find it difficult to resist and experiment with drugs and smoking.
 - a. Temptation
 - b. Peer pressure
 - c. Family tension
 - d. Developmental frustration

14. Life skills are basically:
- What to do skills
 - Why to do skills
 - When to do skills
 - How to do skills
15. Printed materials arechannels of communication.
- Institutional
 - Sensory
 - Verbal
 - Non verbal
16. Non verbal communication is sometimes more effective than verbal communication:
- Agree
 - Disagree
 - No opinion
 - Neutral
17. A goal that a person desires to achieve in a selected field with a well thought out plan to get there is known as:
- Career guidance
 - Career planning
 - Career counseling
 - Career suggestibility
18. A curriculum Vitae is morethan a resume.
- Shorter
 - Detailed
 - Objective
 - Synoptic
19. When a new member joins the team, it might result in conflict due to:
- Personality maladjustment
 - Lack of cooperation
 - Personality mix
 - Lack of competition
20. Identifying your strengths and matching them with the desired skills needed for a job is very essential for:
- Career guidance
 - Career counseling
 - Career planning
 - Career selection

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UNIVERSITY OF SCIENCE & TECHNOLOGY, MEGHALAYA



[PART (A) : OBJECTIVE]

Duration : 20 Minutes

Serial no. of the
main Answer sheet

Course :

Semester : Roll No :

Enrollment No : Course code :

Course Title :

Session : 2017-18 Date :

Instructions / Guidelines

- The paper contains twenty (20) / ten (10) questions.
- Students shall tick (✓) the correct answer.
- No marks shall be given for overwrite / erasing.
- Students have to submit the Objective Part (Part-A) to the invigilator just after completion of the allotted time from the starting of examination.

Full Marks	Marks Obtained
20	

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Scrutinizer's Signature

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Examiner's Signature

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Invigilator's Signature