

**BACHELOR OF SOCIAL WORK
FIFTH SEMESTER
COUNSELLING & SOCIAL WORK PRACTICE
BSW-503**

**SET
A**

[USE OMR SHEET FOR OBJECTIVE PART]

Duration: 3 hrs.

Full Marks: 70

Time: 30 mins.

(Objective)

Marks: 20

Choose the correct answer from the following:

1×20=20

1. Building a Relationship..... Process
 - a. Continuous
 - b. Not essential
 - c. Not necessary
 - d. None of the above
2. Referral is a mandatory stage of Counseling process
 - a. True
 - b. False
 - c. Somewhat True
 - d. None of the above
3. Unconditional Positive Regard comes from.....
 - a. Non Judgement
 - b. Judgement
 - c. Hate
 - d. Love
4. Having empathy for clients is.....for counselors
 - a. Essential
 - b. Unnecessary
 - c. Not required
 - d. Somewhat Required
5. Providing comfort for the client is necessary while planning the counselling process
 - a. Privacy
 - b. Unnecessary
 - c. Transparency
 - d. None of the above
6. Qualities of a good counsellor -
 - a. Congruence
 - b. Anger
 - c. Judgement
 - d. Hate
7. Client 's projection of past or present feelings, attitudes, or desires on the counsellor.....
 - a. Transference
 - b. Counter- Transference
 - c. Necessary
 - d. None of the above
8. Termination is thephase of Counseling.
 - a. Important
 - b. Unethical
 - c. Unnecessary
 - d. Necessary
9. Rapport refers to
 - a. Relationship Building
 - b. No communication
 - c. Love and Belongingness
 - d. None of the above
10. Carl Roger is associated with
 - a. Person Centered Therapy
 - b. REBT
 - c. Learning Theory
 - d. Motivational

11. RET is a form of...
 - a. Cognitive Behavioral therapy
 - b. Motivational Therapy
 - c. Learning
 - d. None of the above
12. The first HIV case was registered on India in the year?
 - a. 1986
 - b. 1987
 - c. 1982
 - d. 1985
13. Unconditional Positive Regard means?
 - a. Being empathetic
 - b. Being Narcissistic
 - c. Being Observant
 - d. Being organised
14. Person Centered Therapy is also known as
 - a. Rogerian Therapy
 - b. Dialectical Behaviour Therapy
 - c. Psychodynamic
 - d. None of the above
15. Concreteness is an ability to
 - a. Articulate
 - b. Advice
 - c. Focus
 - d. Listen
16. PTSD is a result of
 - a. People who have experienced a shocking, scary or dangerous event
 - b. Memorable event
 - c. Indelible Experience
 - d. None of the above
17. An individual diagnosed with PTSD must have an experience for atleast.....month.
 - a. One
 - b. Two
 - c. Five
 - d. Three
18. Re-experiencing symptoms include -
 - a. Flashbacks
 - b. Good Dream's
 - c. Mood swings
 - d. Impulsiveness
19. PTSD stands for
 - a. Post Traumatic Sadistic Disorder
 - b. Post Traumatic stress Disorder
 - c. Post Treatment Down Syndrome
 - d. None of the above
20. RET is
 - a. Passive
 - b. Active
 - c. Neutral
 - d. Mixed

(Descriptive)

Time : 2 hrs. 30 mins.

Marks : 50

[Answer question no.1 & any four (4) from the rest]

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|---|--------|
| 1. Write the meaning, definition and concept of counseling. Why it is important for an individual ? | 5+5=10 |
| 2. Write the principles and process of counseling. | 10 |
| 3. Write about the different settings where counseling is applied. | 10 |
| 4. Write a detailed note about PTSD | 10 |
| 5. Write about Person Centered Therapy . Support your answer with it's importance. | 5+5=10 |
| 6. What do you mean by RET? Write the importance of RET. | 10 |
| 7. Write about the importance of Counselling with HIV patients. Explain the role of the Professional Social Worker. | 10 |
| 8. Elaborate the qualities of a good counsellor . Support your answer with an example | 8+2=10 |

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