TABLE OF CONTENTS

Title	Page	I
Dedi	cation	II
Self-	Declaration	III
Cert	ificate	IV
Cert	ificate of Plagiarism	V
Acknowledgements Table of Contents		VI
		VII-XI
List	of Tables	XII-XIV
List	of Maps	XV
Abst	Abstract	
CHAPTI	ER-I: INTRODUCTION	1-35
1.1:	Introduction	1-5
1.2:	Statement of the problem	5-6
1.3:	Theoretical framework	6-7
1.4:	Research objective	8
1.5:	Research question	8
1.6:	Review of literature	8-22
1.7:	Summing Up	23
1.8:	Significant of the study	24-25
1.9:	Basic concept of the study-Age	25-26
1.10:	Chapterisation	26-27
1.11:	The layout of the Thesis	27-28
	References	28-35
CHAPTER-II: FIELD AND METHODOLOGY		36-47
2.1:	Field of study	36-38

2.2:	Brief profile of Golaghat	38-41
2.3:	Methodology	42-43
2.4:	Collection of data	43-44
2.5:	Observation	44-45
2.6:	Field work experience	45-46
2.7:	Limitation of the field study	46-47
	References	47
СНАРТ	TER-III SOCIO-ECONOMIC BACKGROUND OF THE	
	RESPONDENTS	48-69
3.1:	Age	49-50
3.2:	Type of Family	50
3.3:	Types of profession	51
3.4:	Pension status of the Respondent	51-52
3.5:	Marital status	52-53
3.6:	Religion	53-54
3.7:	Caste	55-56
3.8:	Educational status	56-57
3.9:	Main problems of elderly women after the age of 60	58-59
3.10:	Respondents view regarding their best help in old age	59-60
3.11:	Main support of elderly women after the age of 60	60-61
3.12:	Respondent's view regarding responsibility of taking	
	Care of the elderly women	61-62
3.13:	Respondent's awareness of old age home	62-63
3.14:	The willingness of the elderly women to join in old age home.	64
3.15:	Living arrangement of the elderly	64-65
3.16:	Participation of the elderly in different activities	65
3.17:	Result and Discussion	66-68

	References	68-69
CHAP'	ΓER-IV: PROBLEMS OF THE ELDERLY IN	
	MAINTAINING FAMILY AND SOCIAL	
	RELATION IN OLD AGE	70-90
4.1:	Familial and social problems of elderly women	71-72
4.2:	Frequency of conflicts with Family members	73
4.3:	Main Reasons for conflicts	73-74
4.4:	Interaction with the family members living in the same house.	74-75
4.5:	Attitudes of the family members living with:	75-76
4.6:	Respondents' opinion about the attitude of the family members	76-77
4.7:	Children living separately	78
4.8:	Frequency of meetings with the children staying away	79
4.9:	Interaction and relationship with the children living separately	79-80
4.10:	Feeling of loneliness in the family	81
4.11:	Respondents' perception of status in the family	81-82
4.12:	Participation of the elderly in household activity	82-83
4.13:	Respondents' interest in decision making of family affairs	83
4.14:	Exercise of authority in regards to different family matters	84-85
4.15:	Members in voluntary organization	85
4.16:	The attitude of the elderly towards activities of the new generation	86
4.17:	Mutual visit to neighbors/friends/relatives	86-87
4.18:	Happy with the family life:	87-88
4.19:	Religious Belief of the elderly	88
4.20:	Association with religious institution and mental satisfaction	88
4.21:	Major findings	88-90
	References	90

CHAP	TER-V ECONOMIC PROBLEMS OF THE ELDERLY	
	WOMEN IN RURAL SOCIETY	91-108
5.1:	Post-retirement occupation of elderly women	93
5.2:	The types of occupation the elderly engaged in after	
	Attainment of 60 yrs.	94
5.3:	Monthly income of the elderly women	94-95
5.4:	Contribution of the money in the household expenses by the	
	Elderly women:	95-96
5.5:	The elderly and No. of dependents in their income	96
5.6:	The elderly women and their views regarding the sufficiency	
	Of monthly income.	96-97
5.7:	The elderly and ways of handling the situation of financial crisis	97-98
5.8:	Interest of the elderly to go for income after sixty	98-99
5.9:	The elderly and their saving habit	99
5.10:	Elderly and their family support	99-100
5.11:	Status in the family after loss of economic status.	100-101
5.12:	The elderly and their view on savings	101
5.13:	The elderly women and their views on not providing	
	Economic support by their family members	101-102
5.14:	Result and discussion	102-105
5.15:	Major findings	106-108
	References	108
СНАР	TER-VI HEALTH PROBLEMS OF THE ELDERLY	
	WOMEN IN RURAL SOCIETY	109-132
6.1:	Earlier studies regarding health problems of the elderly	110-115
6.2:	Physical and mental health problems of the elderly	115-127
63.	Result and discussion	127-130

	References	130-132
СНАР	TER-VII CORRELATES OF GOOD ADJUSTMENT	
	IN OLD AGE	133-153
7.1:	Case studies relating to physical and mental health status of	
	The elderly	134-142
7.2:	Case studies relating to economic adjustment of the elderly	142-147
7.3:	Case studies related to adjustment in family in old age.	147-152
7.4:	Summary and conclusion	152-153
	References	153
CHAP	TER-VIII SUMMARY OF THE FINDINGS,	
	CONCLUSION, AND SUGGESTION	154-174
8.1:	Summary of the findings, conclusion, and suggestion	154-173
8.2:	Delimitation of the study	173
8.3:	Scope for future research	173
	References	173-174
Biblio	graphy	175-186
APPE	NDIX 1	
Reprints of Published Papers		1-26
APPE	NDIX 2	
Visual	from the Field Study	1-6
APPE	NDIX 3	
Interview Schedules		1-14