APPENDIX-3



UNIVERSITY OF SCIENCE AND TECHNOLOGY, MEGHALAYA

Interview schedule on Problems of the Rural Elderly Women: - "A sociological study in Golaghat district of Assam".

Under the Supervision of:

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INTERVIEW SCHEDULE FOR Ph.D. RESEARCH WORK

Personal Background of the respondent-

1.1. Name -

- 1.2. Age: 1). 60-70 2). 70-80 3). 80-90 4). 90-100 5). 100+
- 1.3. Religion 1). Hindu 2). Islam 3). Christian
- 1.4. Caste: 1). ST 2). SC 3). MOBC 4). OBC

1.5. Educational Status

- 1). Illiterate 2). Primary 3). Middle 4). SSLC 5). Higher secondary 6). Degree & above
- 1.6. Native Place 1). Rural 2). Urban 3). Semi-urban
- 1.7. Occupation (Before 60)
- 1.8. Occupation (Present)
- 1.9. Monthly income (Before retirement/60)
- 1.10. Monthly income (Present)
- 1.11. Do you have any other source of income? 1). Yes 2). No

1). Sources Rs.
2). Sources Rs.
1.13. Marital Status
1). Married 2). Unmarried 3). Widow
4). Widower 5). Separated/Divorce
1.14. Age at marriage
1.15. Are you living with your
0). Son's family 1). Daughters family 2). Own family 3). Alone
1.16. Family Particulars
1.17. Size of the family 1) Small (0-4) 2) Medium (5-7) 3) Large (8+)
1.18. Type of family pattern:
1). Joint Family2). Nuclear Family3). Extended Family
1.19. Higher education in the Family
1.20. No. of earning members in the family
1.21. Family Composition
1). More males 2). More females 3). Equal size

1.12. If yes,

Sl.no	Relationship	Age	sex	Marital	Education	occupation	Monthly
	of			status			income
	Respondent						

1.				
2.				
3.				
4.				
5.				
6.				
7.				

1.22. No. of children in the family

1.23. No. of dependency in the family

1.24. Per capita income of the family

1.25 With whom do you prefer to live?

a.	Living alone, yes/no
	If yes why?
b.	With spouse only, yes/no
	If yes why?
c.	With unmarried children, yes/no
	If yes why?
d.	With married son, yes/no
	If yes why?
e.	With married daughters, yes/no
	If yes why?
f.	With other relatives, yes/no
	If yes why?
g.	With other's family, yes/no
	If yes why?

II. Health related Problems of the Elderly

2.1. Do you have any Health Problems? 0). No 1). Yes

2.2. If yes, type of the problem.

Sl. No	Type of Problem	Duration of	Treatment
		Problem	(PHC-0, GH -1,
			Private-2
1.	Chronic Illness		
2.	Diabetic		
3.	ENT problem		
4.	Cardiac Vascular problem		
5.	Eye problem		
6.	Joint problem		
7.	Others		

2.3. Do you use spectacles for your vision problem?

0). No 1). Yes

- 2.4. Do you use hearing aids for your hearing problem?
- 0). No 1). Yes
- 2.5. What makes you sick?
- 0). Lack of caring

1). Problems on your health.

2). Family problems		3). Due to ageing	4). Others
2.6. Do you go to hospitals for regu	lar health che	eckups?	
0) No 1) Yes			
2.7. If no, list out the reasons:			
0.			
1.			
2.8. If yes, who accompanies you?			
2.9. How often you meet the docto	for checkup	s and for consultation	1?
0).Once a week. 1). Twice a we	ek. 2). On	ce a month	
3). Twice a month. 4). Any other			
2.10. Who pays for the medicine at	nd medical co	onsultations?	
0) Self 1). Spouse 2). Children	3).Relatives	4). Others	
2.11. Do you take the prescribe me	dicines as ad	vised by the doctor?	
0) No 1) Yes			
2.12. If Yes, how long? (0) Not a	all (1) reg	ılarly	
(2) Occasionally			
2.13. If not at all, disclose the reas	0 n		
2.14. What kind of medical treatme	nt do you fol	low?	
0). Allopathic 1). Siddha		2). Ayurveda	
3). Homeopathy 4). Any ot	ner		

2.15. How long you are taking the medical aid or medicines?

0). 0-1 year 1). 1-2 yeas 2). 2-3 years and above.

2.16. Does any nurse come for home checkup at your place?

0) No 1) Yes

2.17. Habits which affect the health of the elderly

S. No	Habits	Not at all	Occasionally	Regularly
1.	Smoking habit			
2.	Drinking			
	alcohol habit			
3.	Chewing habit			

2.18. How many hours you sleep every day?

0). 3-4 1). 5-6 2). 7-8 3). 9-10

2.19. Do you prepare your own food or somebody else helps you in preparing food?

0). Self 1). Spouse 2). Son 3). Relatives 4). Others

II. B). Economic Problems of the Aged

2.20. If no income, where you get the financial assistance?

0). Son 1). Daughter 2). Both 3). Relatives 4). Any other

2.21. Do you contribute to the family expenses?

1. Regularly 2. Occasionally 3. Not at all

2.22. If not at all, why?

- 2.23. Do you have any bank account in your name? 0) No 1) Yes
- 2.24. Do you have any savings? 0) No 1) Yes
- 2.25. If yes, for what purpose will you spend that savings -----?
- 2.26. Do you have any property in your name? 0) No 1) Yes
- 2.27. If yes, disclose the type of property

II.C. Adjustment Problems of Aged:

- 2.28. Do you get respect from the family members? 0) No 1) Yes
- 2.29. If no, why?
- 2.30. How is your relationship with the family members?
- 1. Very Good 2. Good 3. Fair 4. Worst
- 2.31. If worst, why? _
- 2.32. Do you feel that you have struggled to adjust with younger generation?
- 0) No 1) Yes
- 2.33. If yes why?
- 2.34. Do you feel there is a long gap between youngsters and aged?
- 0) No 1) Yes
- 2.35. If yes, disclose the reason
- 2.36. Do you participate the decision makings of your family?
- 1. Regularly 2. Occasionally 3. Not at all

2. 37. If regularly/occasionally, disclose in what matter your contribution are there?

- 1). _
- 2). _
- 3). _

2.38. If not at all, disclose the reason?

2.39. Do you know a complaint may be lodged against the child (ran) if they never look after their parents/grandparents?

0). No 1). Yes

2.40. If yes, at any time have you complaint the case against the children?

0). No 1). Yes

2.41. If yes, disclose the reason for that

2.42. Do you feel alone in your home? 0) No 1) Yes

II. D. Social Problems

2.42. Are you visiting relatives, friends and neighbors' social functions?1.Regularly2. Occasionally3. Not at all

2.43. If not at all, kindly disclose the reasons:

2.44. How do you spend your leisure time in the following?

List out your Indoor activities:

S. No	Indoors	Never	sometime	often
1.	sitting alone and			
	thinking			

2.	watching
	TV/listening
	radio
3.	playing with
	grand children
4.	playing
	cards/chess etc.
5.	reading
	books/newspapers
6.	gardening
7.	exercise
8.	praying
9.	Others

2.45. List out your outdoor activities if any:

S. No	Outdoor	never	sometime	often
1.	jogging			
2.	go to temple Namghar/church /Mosque etc			
3.	go to movie/theatre			
4.	go to picnics/tour			
5.	go to beach/park			
6.	Social/political			

	work		
7.	Others		

III. Supportive System for the Elderly:

- 3.1. Do you feel some one must provide care for you? 0) No 1) Yes
- 3.2. Who is providing care, love and affection on you?
- 0). Spouse 1). Son 2). Daughter 3). Any other
- 3.3. Who is providing financial support for you?
- 0). Self 1. Spouse 2.Son 3). Daughter 4. Others.....
- 3.4. Who is providing health support for you?
- 0). Self 1. Spouse 2.Son 3). Daughter 4. Others.....
- 3.5. Do you meet your friends and relatives?
- 0). Regularly 2. Occasionally 3. Not at all
- 3.6. Do you expect any help from your friends and relatives?
- 0) No 1) Yes
- 3.7. If yes, what type of help are you expecting from them?
- 3.8. Do you feel your emotional feelings are curtailed by the family members?
- 1. Regularly 2. Occasionally 3. Not at all
- 3.9. If not at all, why?
- 3.10. In your family, who spend more time with you?
- 0). Spouse 1). Son 2). Daughter 3). Relatives 4) any other

IV. Role of Care Givers

S.NO	Expecting care	Need	No need	
1.	Health care			
2.	Financial			
	Assistance			
3.	Spend time			
4.	Other			

4.1. What type of care do you expect from your care giver?

4.2. Level of relationship with care givers and elderly

S.no	Care givers	Regular	Occasionally	Not at all
1.	Spouse			
2.	Son/daughter			
3.	Son/daughter in law			
4.	Brother/sister			
5.	Brother/sister in law			
6.	Relatives			
7.	Friends/neighborhood			
8.	Others			

V. Government Schemes for the Elderly

- 5.1. Are you aware about the schemes provided by the government?
- 0) No 1) Yes 3). Some what
- 5.2. If yes, mention the schemes what you know.....

5.3. Are you aware about Old Age Pension (OAP) scheme?

0) No 1) Yes

5.4. Do you find any problem in availing the pension from the government?

0) No 1) Yes

5.5. If yes, please list the problems.....

5.6. Are you aware about the health insurance schemes for the elderly?

0) No 1) Yes

5.7. Are you aware about the National Policy on Older Person?

0) No 1) Yes

5.8. Are you aware about the Nationalized bank that has given high interest for elderly savings? 0) No 1) Yes

VI. Attitude Survey

- 6.1. Younger generations respects the elderly
- 0) No 1) Yes
- 6.2. Aware of not giving trouble to any one at this old age
- 0) No 1) Yes
- 6.3. Children should be taught since childhood about the importance of ageing
- 0) No 1) Yes
- 6.4. Still my advices are shaping the younger generations

0) No 1) Yes

6.5. The aged should not feel that they are isolated

0) No 1) Yes

6.6. Parents are responsible for the behavior of their children 0) No 1) Yes

6.7. The savings are very important which can help the aged to survive in their old age

0) No 1) Yes

6.8. Children need to support their parents in old age

0) No 1) Yes

6.9. Now-a-days family support and care for elderly has disappeared in the society

0) No 1) Yes

6.10. The aged should contribute something to the family, community and society still they can

0) No 1) Yes