

BSW
Fifth Semester
COUNSELLING IN SOCIAL WORK
(BSW - 22)

Duration: 3Hrs.

Full Marks: 70

Part-A (Objective) =20
Part-B (Descriptive) =50

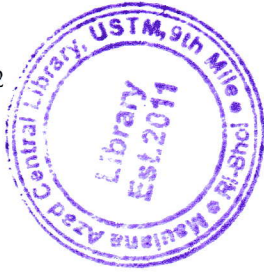
(PART-B: Descriptive)

Duration: 2 hrs. 40 mins.

Marks: 50

Answer any four from Question no. 2 to 8
Question no. 1 is compulsory.

1. Discuss the principles of counselling and qualities of a good counsellor. (10)
2. Explain the Stages of Counselling. (10)
3. Write short note on career counselling. (10)
4. Write short note on sexual abuse counselling. (10)
5. Write a short note on HIV/AIDS counselling. (10)
6. Write short note on counselling with drug addicts. (10)
7. Discuss counselling supervision. (10)
8. Write briefly on the Person Centred Therapy. (10)



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Duration: 20 minutes

Marks – 20

(PART A - Objective Type)

I. Choose the correct answer:

1×20=20

1. A skill is an ability, usually learned and acquired through training, to perform actions which achieve a desired outcome(s).
a) True b) False
2. Arrange the following in correct order
a) Summarize
b) Paraphrase
c) Interpret
d) Reflect
3. 'Use of silence' is a skill of counselling.
a) False b) True
4. Acceptance is a _____ in Counselling.
a) Skill
b) Principle
c) Method
d) All the above
5. Possible drug addiction causes are
a) Genetic Causes
b) Developmental Causes
c) Traumatic Causes
d) All the Above
6. A counsellor should be harshly judgemental to the patient's addictive behaviour.
a) No b) Yes
7. Which of the following are the aims of HIV/AIDS Counselling?
a) Counselling and facilitating to undergo HIV Test
b) Providing psychological, emotional and social support
c) Providing information on preventative methods of transmission
d) All of the above
8. Low self-esteem is an after effect of sexual abuse
a) True b) False

9. Counselling like crisis intervention is used to deal with
 - a) Marriage Couples
 - b) Drug Addicts
 - c) Victims of Sexual Abuse
 - d) Drop-out students
10. NICE professional roles is related to
 - a) Couple Counselling
 - b) HIV/AIDS Counselling
 - c) Counselling with Cancer Patients
 - d) Career Counselling
11. Humor is used as a therapeutic tool to develop coping skills for clients because humor diffuses stressful and emotional tensions.
 - a) True
 - b) False
12. Breastfeeding may also cause HIV/AIDS.
 - a) True
 - b) False
13. Who developed RET?
 - a) Albert Ellis
 - b) B. F. Skinner
 - c) Ivan Pavlov's
 - d) Aaron Beck
14. ART Therapy is related to ____
 - a) Tuberculosis
 - b) Mental Disorder
 - c) HIV/AIDS
 - d) Cancer
15. What is the Abbreviation of RET?
 - a) Rational Emotive Therapy
 - b) Rational Emotional Therapy
 - c) Rating Emotive Therapy
 - d) Ratio Emotive Therapy
16. The richest source of data concerning the client's feelings are from their emotional state i.e. posture, gestures and facial expressions.
 - a) True
 - b) False
17. What is the other name of Person-Centered Therapy?
 - a) Client- Centered Therapy
 - b) Counselling – Centered Therapy
 - c) Cognitive-Centered Therapy
 - d) Client-Counselling Therapy
18. In the 1960s, psychotherapist B.F. Skinner developed cognitive theory.
 - a) True
 - b) False

19. Person-Centered Therapy was developed by

- a) Carl Rogers
- b) Albert Ellis
- c) B. F. Skinner
- d) Ivan Pavlov's

20. Adolescents feel the need to be loved, cared for, respected, and nurtured while at the same time they want their independence.

- a) True
- b) False
