

**BSW**  
**First Semester**  
**HUMAN GROWTH & DEVELOPMENT**  
**(BSW - 104)**

**Duration: 3Hrs.**

**Full Marks: 70**

Part-A (Objective) =20  
Part-B (Descriptive) =50

**(PART-B: Descriptive)**

**Duration: 2 hrs. 40 mins.**

**Marks: 50**

**Answer any four from Question no. 2 to 8**  
**Question no. 1 is compulsory.**

1. Briefly explain the meaning and scope of developmental psychology. Elaborate its relationship with social work. (5+5=10)
2. Describe the characteristics of Infancy. Elaborate the relationship of the Infant with his mother and other people/ family members. (5+5=10)
3. 'Adolescence period is the significant period of life'. Explain. (10)
4. Describe the physical and psychological characteristics of Old age. What are the needs and problems of Old Age. (5+5=10)
5. What do you mean by Adjustment? How does a social worker avoid the impact of Maladjustment in the workplace? (5+5=10)
6. Elaborate the significance of Heredity and Environment on the growth and development. (10)
7. Explain the Freud's theory. (10)
8. Explain the Erickson's theory of development. (10)

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**Duration: 20 minutes**

**Marks – 20**

**(PART A - Objective Type)**

**I. Choose the correct answer:**

**1×20=20**

1. Which of the following research methods would most likely to be used when examining the behavior of a group of children on the playground?  
a. Case Study                      b. Observational  
c. Cross-Sectional                d. Experimental
2. Research suggests that which of the following types of intelligence may increase throughout the life span?  
a. Fluid                                b. Performance  
c. Crystallized                      d. Mathematical
3. Lack of prenatal care increases the risk of all of the following except:  
a. Infants with low birth weight    b. Child abuse  
c. Increased infant mortality        d. Preterm births
4. What frequently happens between adolescents and parents?  
a. They compete for family resources.  
b. They violate one another's expectations.  
c. They reject one another's personal space.  
d. They get along well because they share similar levels of cognitive development.
5. Environmental factors that shape development include all of the following except:  
a. Quality of learning                b. Intelligence  
c. Quality of nutrition                d. Culture
6. The environmental conditions that influence development are called:  
a. Ethnology                          b. Ecological systems  
c. Socio-cultural                      d. Nurture
7. The preschool child has the following daily nutritional needs:  
a. Meat - 2-3 servings                b. Fruits and vegetables - 5 or more servings  
c. Milk - 3 glasses                    d. All of the above
8. The average 8-year-old will probably still have difficulty:  
a. Jumping rope                        b. Judging speed  
c. Aiming a ball                        d. None of the above

9. Erikson's psychosocial theory:
- Is a behavioral theory of development.
  - Is a stage theory of development.
  - Is a systems theory.
  - Is widely used in psychiatric treatments.
10. The main cause of death for individuals in middle adulthood is:
- Heart disease
  - Diabetes
  - Cancer
  - Cerebrovascular disease
11. \_\_\_\_\_ involves development of the body's makeup, including the brain, nervous system, muscles, senses, and the need for food, drink, and sleep.
- Cognitive Development
  - Physical Development
  - Social Development
  - Learning Development
12. \_\_\_\_\_ involves development in which individual's reactions with others and their social relationships grow, change, and remain stable over the course of life.
- Physical Development
  - Social Competence
  - Social Development
  - Personality Development
13. A group of people born at around the same time in the same place. These people are products of the social time in which they live.
- Group
  - Cohort
  - Longitudinal Study
  - Family
14. Life-span development begins with \_\_\_\_\_ and ends with \_\_\_\_\_.
- Birth, death
  - Conception, old age
  - Infancy, old age
  - Conception, death
15. The period of development during which school readiness skills are developed and most free time is spent playing with friends is called:
- Infancy
  - Early childhood
  - Middle childhood
  - Late childhood
16. Which period of development is characterized by establishing independence, developing an identity, and thinking more abstractly?
- Middle childhood
  - Late childhood
  - Adolescence
  - Early adulthood
17. Maslow's hierarchy of needs is a theory in psychology proposed by Abraham Maslow in the year of \_\_\_\_\_.
- 1943
  - 1944
  - 1945
  - 1946
18. According to Freud, ego
- Provides rational ways of coping with Frustration.
  - Is driven by the quest for pleasure.
  - Is our moral base that seeks to force us to follow the rules.
  - Is biological and present at birth.

19. Albert Bandura is a

- a. Behaviorist
- b. Psychoanalyst
- c. Humanistic theorist
- d. Neo-Freudian theorist

20. Which of the following thinkers suggested that children are innately good?

- a. Jacques Rousseau
- b. John Locke
- c. Alfred Binet
- d. Sigmund Freud

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