REV-00 BSO/03/08

## BACHELOR OF SOCIOLOGY Fifth Semester COUNSELING & GUIDANCE (BSO- 24)

Duration: 3Hrs. Ful	l Marks: 70	
Part-A (Objective) =20 Part-B (Descriptive) =50		
(PART-B: Descriptive)		
Duration: 2 hrs. 40 mins.	Marks: 50	
I. Answer any <i>five</i> of the following questions:	10×5=50	
1. Define counseling. Explain the different types of counseling in practice.	social work 2+8=10	
2. Explain the different level and methods and stages of counseling.	3+4+3=10	
3. Explain the goals and process of counseling.	5+5=10	
4. Explain five roles of counselor with suitable example.	10	
5. What counseling supervision? Discuss the different types of	counseling	
supervision and its importance.	2+5+3=10	
6. Write shorts notes on Family counseling, carreer counseling,	HIV/AIDS	
counseling, Disability counseling. 2+.	3+3+2=10	
7. What is community counseling? What is the role of counseller	r in disaster	
management?	3+7=10	
8. Explain the different micro skill of counselor.	10	
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2015/12

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**Duration: 20 minutes** 

## (PART A- Objective Type)

## I. Choose the correct answer:

- 1. The person who is helping, Guidance is called counsellor
  - a) True b) False
- 2. Who is the founder of RET
  - a) Albert Ellis b) H.B.Trecker c) Albert Roman

c) 4

c) 5

- 3. The study of mind, mental process and behaviour is known as
  - a) Psychiatric b) Counsellor c) Psychologist

b) False

4. Disability can be counselled by using person centeredtherapya) Trueb) False

- 5. How many types of questionnaire used in counselling session
  - a) 2 b) 3
- 6. The person who is doing interview is called intervieweea) Trueb) False
- 7. How many types counselling can be done ina) 3b) 4
- 8. Eye to eye contact is micro skill of counsellinga) Trueb) False
- 9. Live chat is the example of Eclectic counselling

a) True

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Marks – 20

1×20=20

10. Doing counselling in the fie	ld is called non directive co	unselling
a) True	b) False	
11 Prognosis is one of the proc	esses of directive counsellin	ισ
		15
a) flue	b) Paise	
12. Sympathy is one of the prin	ciple of counseling	
a) True	b) False	
	C 11'	
	rest reactions.	
a) 2	b) 3	c) 4
14. In how many levels counsel	ling can be done	
a) 3	b) 4	c) 5
15. How many steps has been st	uggested for counselling pro	cess by Rogers
a) 11	b) 12	c) 13
16. Who is the founder of eclect	tic counselling	
		c) Erriction
-,	-,8	,
17. Positive Self-Health is one of	of the important goal of cour	nselling
a) True	b) False	
18 How many major stages of	group councelling	
		$\sim$ 1
a) 2	0) 5	c) 4
19. Trauma counselling can be o	done in group	
a) True	b) False	
a) Crisis counseling	b) Family counseling	c) Couple cour
	<ul> <li>a) True</li> <li>11. Prognosis is one of the procasi) True</li> <li>12. Sympathy is one of the prinasi) True</li> <li>13. How many types of functions a) 2</li> <li>14. In how many levels counsels a) 3</li> <li>15. How many steps has been stasia) 11</li> <li>16. Who is the founder of eclections a) Fredrick C Thorne</li> <li>17. Positive Self-Health is one of a) True</li> <li>18. How many major stages of gal 2</li> <li>19. Trauma counselling can be of a) True</li> <li>20. Counselling session with critering and a statements a) True</li> </ul>	<ul> <li>11. Prognosis is one of the processes of directive counselling <ul> <li>a) True</li> <li>b) False</li> </ul> </li> <li>12. Sympathy is one of the principle of counseling <ul> <li>a) True</li> <li>b) False</li> </ul> </li> <li>13. How many types of function of counselling <ul> <li>a) 2</li> <li>b) 3</li> </ul> </li> <li>14. In how many levels counselling can be done <ul> <li>a) 3</li> <li>b) 4</li> </ul> </li> <li>15. How many steps has been suggested for counselling proceeding <ul> <li>a) 11</li> <li>b) 12</li> </ul> </li> <li>16. Who is the founder of eclectic counselling <ul> <li>a) Fredrick C Thorne</li> <li>b) Karl Rogers</li> </ul> </li> <li>17. Positive Self-Health is one of the important goal of course <ul> <li>a) True</li> <li>b) False</li> </ul> </li> <li>18. How many major stages of group counselling <ul> <li>a) 2</li> <li>b) 3</li> </ul> </li> <li>19. Trauma counselling can be done in group <ul> <li>a) True</li> <li>b) False</li> </ul> </li> <li>20. Counselling session with crisis in the family is called</li> </ul>

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