

**BACHELOR OF SOCIAL WORK**  
**Second Semester**  
**COMMUNITY & FAMILY HEALTH**  
**(BSW- 08)**

**Duration: 3Hrs.**

**Full Marks: 70**

PART A (Objective) =20  
PART-B (Descriptive)=50

**PART-B (Descriptive)**

**Duration: 2 hrs. 40 mins.**

**Marks: 50**

**1. Write short notes on the following:**

**4×3=12**

- a) Holistic health
- b) Philosophy of health
- c) Health education
- d) Determinants of health

**2. Answer the following questions:**

**4×5=20**

- a) Explain the concept of health.
- b) Explain health education and mention its aims.
- c) Explain briefly the Millennium Development Goals.
- d) Write about Alma Ata Declaration on health.

**3. Answer the following questions:**

**2×9=18**

- a) Explain the factors influencing community and family health.
- b) Explain the roles of the health care provider.

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*(The figures in the margin indicate full marks for the questions)*

**Duration: 20 minutes**

**Marks – 20**

**PART-A (Objective)**

**Time: 20 mins**

**Total Marks: 20**

**1×20=20**

1. Define good health in one sentence.

\_\_\_\_\_.

2. List two precautions that should be taken while storing cooked food.

\_\_\_\_\_.

3. Intake of alcohol and narcotics may cause damage to \_\_\_\_\_  
and \_\_\_\_\_.

4. Washing of fruits and vegetables makes them free from \_\_\_\_\_ and  
\_\_\_\_\_.

5. Balanced diet includes correct proportions of \_\_\_\_\_, \_\_\_\_\_,  
\_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.

6. List any two activities that keep heart in good condition.

\_\_\_\_\_.

7. Name any two diseases for which awareness is being spread at the national level.

\_\_\_\_\_.

8. List any two national organizations working towards good community health.

\_\_\_\_\_.

9. Fill in the blanks:

a) Mosquito breeding may be prevented by pouring \_\_\_\_\_ on stagnant water.

b) Unclean surroundings become breeding ground for \_\_\_\_\_ and \_\_\_\_\_.

10. List any two diseases transmitted from an infected person to other healthy person.

\_\_\_\_\_.

11. Are rickets and diabetes examples of communicable or non-communicable diseases?

\_\_\_\_\_.

12. Name any two diseases that can be prevented by taking vaccines.

\_\_\_\_\_.

13. Name the body organ(s) affected by hepatitis (jaundice).

\_\_\_\_\_.

14. Name a disease caused by the same group of organism that causes amoebic dysentery.

\_\_\_\_\_.

15. Activities that can prevent any deterioration before medical help is available to a victim are called \_\_\_\_\_.

16. Items such as \_\_\_\_\_ and \_\_\_\_\_ may serve as a splint in case of a fracture.

17. Cases of first and second-degree burns should be immediately dipped in \_\_\_\_\_.

\_\_\_\_\_.

18. In case of animal bite, affected areas should be washed with \_\_\_\_\_ and \_\_\_\_\_.

19. Extreme pain on movement, tenderness and swelling around the area are signs of \_\_\_\_\_.

20. Name any two viral diseases.

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