

**MA SOCIOLOGY**  
**Fourth Semester (Repeat)**  
**COUNSELLING & GUIDANCE**  
**(MSO – 404 A)**

**Duration: 3Hrs.**

**Full Marks: 70**

Part-A (Objective) =20  
Part-B (Descriptive) =50

**(PART-B: Descriptive)**

**Duration: 2 hrs. 40 mins**

**Marks: 50**

**Answer any four from Question no. 2 to 8**  
**Question no. 1 is compulsory.**

1. Explain critically the concepts of Counseling and Guidance. (5+5=10)
2. Define the term Counseling. Explain Counseling Process the various stages of the Counseling process. (3+7=10)
3. Define the term 'Gifted Children.' Explain the process of guiding these children. (3+7=10)
4. Define Interview as an important tool of Guidance. Write its advantages in the counseling process. (5+5=10)
5. Define the term Slow Learners. Explain the process of guiding the Slow Learners. (4+6=10)
6. Define Marriage Counseling. Explain the steps of Marriage Counseling. (5+5=10)
7. Critically discuss the concept of Transactional Analysis in Counseling. (10)
8. Define the term Counselor. Give a comparative analysis of skills and qualities of a counselor. (4+6=10)

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**MA SOCIOLOGY**  
**Fourth Semester (Repeat)**  
**COUNSELLING & GUIDANCE**  
**(MSO – 404 A)**

**Duration: 20 minutes**

**Marks – 20**

**(PART A - Objective Type)**

**I. Choose the correct answer:**

**1×20=20**

1. Psychodynamic counseling evolved from the work of.....  
a. Sigmund Freud                      b. Durkheim  
c. Marx                                      d. Weber
2. This therapy is a form of cognitively-oriented behavioral therapy and is based on the assumption that human beings are born with a potential for both rational or straight thinking, and irrational or crooked thinking.  
a. Rational Therapy                      b. Counseling Therapy  
c. Rational Emotive Therapy              d. None
3. Who is the founder of Rational-Emotive therapy?  
a. Albert Elis                              b. Marx  
c. Weber                                      d. Spencer
4. Which one of the following does not define counseling?  
a. Counseling is both an art and a science, requiring intellect and intuition.  
b. Counseling is an unintentional, unambiguous relational process.  
c. Counseling is unique in its focus.  
d. Counseling a helping relationship
5. ....is the assistance made available by qualified and trained persons to an individual of any age to help him to manage his own life activities, develop his own points of view, make his own decisions and carry on his own burdens.  
a. Guide                                      b. Guidance  
c. Help                                        d. Problem solving
6. ....is a process of enabling the individual to know himself and his present and possible future situations in order that he may make substantial contributions to the society and to solve his own problems through a face to face relationship with the counselor.  
a. Counseling                              b. Therapy  
c. Theory                                      d. None
7. The term..... Therapy was first used as the title of a book in 1951, written by Fritz Perls.  
a. Emotional                                b. Gestalt  
c. Rational                                    d. Social

8. The..... Approach to Counseling focuses on the assumption that the environment determines an individual's behaviour.  
a. Functional                              b. Behavioural  
c. Structural                                d. Emotional
9. The term .....derives its meaning from the word 'guide' which refers to a person who shows the way.  
a. Counseling                              b. Therapy  
c. Guidance                                d. All the above
10. Directive Counseling was founded by:  
a. E.G. Williamson                      b. Emile Durkheim  
c. Max Weber                              d. Karl Marx
11. What does CBVEG stands for?  
a. Central Bureau of economic guidance  
b. Central Bureau of educational and vocational guidance  
c. All the above  
d. None
12. Directive Counseling is also known as:  
a. Crisis Counseling                      b. Promotional Counseling  
c. Prescriptive Counseling              d. None
13. Which one of the following is the final step of counseling process?  
a. Follow up                                b. Analysis  
c. Synthesis                                d. Prognosis
14. Car R. Rogers is the chief exponent of .....counselling.  
a. Personal                                b. Non directive  
c. Group                                      d. All the above
15. .... is a technique where a group of persons is counselled by applying group interaction method with the purpose of arriving at a solution to the problem common to the group.  
a. Group counseling                      b. Individual counseling  
c. Eclectic counseling                    d. None
16. ....is the exponent of Eclectic counselling.  
a. Eric                                        b. Maria  
c. F.C. Thomas                            d. Merton
17. ....are those who stand out as a distinct set from other students in a class and therefore they require special attention.  
a. Special learners                      b. Backward learners  
c. Slow learners                            d. All the above



- 18..... is also called couples therapy, is a type of psychotherapy which also helps couples of all types recognize and resolve conflicts and improve their relationships.
- Educational counseling
  - Career counseling
  - Marriage counseling
  - All the above
19. The .....modelling process involves finding out about how the brain ("Neuro") is operating by analyzing language patterns ("Linguistic") and non-verbal communication.
- Neuro- Linguistic Programming
  - Cognitive
  - Rational Emotive therapy
  - Person Centered
20. The "talking therapy" involves analyzing the root causes of behavior and feelings by exploring the unconscious mind and the conscious mind's relation to it, is also called:
- Humanistic
  - Psychoanalytic
  - Cognitive
  - Personal

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University of Science and Technology, Meghalaya

Date Stamp: \_\_\_\_\_

| SESSION 2016-17  |       |   |          |       |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       |       |             |  |
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| SEMESTER _____   |       |   |          |       |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       |       |             |  |
| <p align="center"><b>Instructions to Candidates</b></p> <ol style="list-style-type: none"> <li>This answer booklet has 4 pages. Please check before writing whether it is complete or in good condition.</li> <li>Do not write your name anywhere in the answer booklet.</li> <li>Write legibly on both sides of the paper</li> <li>You may use some space for any rough notes or calculation on the answer booklet if you need. These rough notes, calculations must be scored out before submitting the answer booklet.</li> <li>Do not bring any book or loose paper in the examination hall.</li> <li>Do not tear any page from the answer booklet.</li> <li>Do not write anything on the question paper or blotting paper or any pieces of paper while you are in the examination hall.</li> <li>Any act of indiscipline or misbehavior in the examination hall will result in your expulsion.</li> <li>No examinee is allowed to leave the examination hall until 30 minutes lapse after the commencement of the examination.</li> <li>Additional answer sheet will be supplied after the main answer booklet is completed.</li> </ol> |       | <p align="center"><b>For Objective Type Questions</b></p> <table border="1"> <tr> <th>Page No.</th> <th>Marks</th> </tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr> <td align="center">Total</td> <td> </td> </tr> </table> | Page No. | Marks |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |       | Total |             |  |
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Scrutinizer's Signature

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Invigilator's Signature