REV-01
BLB/50/55

2025/11

SET A

BA LLB
FIFTH SEMESTER
PERSONALITY DEVELOPMENT
BLB – 501

[USE OMR FOR OBJECTIVE PART]

Duration: 3 hrs. **Full Marks: 70**

Objective

Time: 30 min. **Marks: 20**

Choose the correct answer from the following: ***1X20=20***

1. Personality is derived from the Latin word persona, which means:
   a. Mask b. Nature
   c. Character d. Behavior
2. Which of the following is not a determinant of personality?
   a. Heredity b. Environment
   c. Situation d. Economics
3. Social development primarily involves:
   a. Development of emotions b. Development of social relationships and interactions
   c. Physical growth d. Acquisition of intelligence
4. The process of acquiring beliefs and behaviors through social experience is called:
   a. Conditioning b. Learning
   c. Socialization d. Motivation
5. Which of the following is a factor influencing personality development?
   a. Heredity b. Environment
   c. Cultural factors d. All of the above
6. Emotional Intelligence is best described as:
   a. Managing others' finances b. Recognizing and managing one's own and others' emotions
   c. Measuring intelligence quotient d. Avoiding emotions in decision-making
7. Developing effective habits helps in:
   a. Reducing communication b. Enhancing personality and productivity
   c. Avoiding social situations d. Increasing aggression
8. Which of the following is a quality of a successful leader?
   a. Inflexibility b. Empathy
   c. Indifference d. Isolation
9. The ability to understand and manage relationships effectively refers to:
   a. Social intelligence b. Cognitive ability
   c. Technical skill d. Self-concept

10. Which of the following is not a type of personality?
    a. Introvert
    b. Extrovert
    c. Ambivert
    d. Observer

11. Self-assessment helps an individual to:
    a. Compare with others
    b. Understand strengths and weaknesses
    c. Avoid introspection
    d. Develop overconfidence

12. Motivation refers to:
    a. A process that activates, directs, and sustains behavior
    b. A temporary emotional response
    c. Physical effort
    d. Social interaction

13. Effective communication involves:
    a. Only verbal skills
    b. Body language and clarity
    c. Repetition of information
    d. Avoiding feedback

14. Body language is a key component of:
    a. Written communication
    b. Non-verbal communication
    c. Digital literacy
    d. Time management

15. Which of the following is a good manner in communication?
    a. Interrupting others
    b. Listening attentively
    c. Speaking loudly
    d. Ignoring tone

16. The spiritual journey beyond change management relates to:
    a. Physical fitness
    b. Self-awareness and transformation
    c. Financial independence
    d. External appearance

17. Positive attitude helps in:
    a. Creating a healthy mental outlook
    b. Reducing efficiency
    c. Avoiding teamwork
    d. Increasing stress

18. Which of the following is a cause of stress?
    a. Balanced workload
    b. Unrealistic expectations
    c. Positive environment
    d. Relaxation

19. Stress management techniques include:
    a. Meditation
    b. Exercise
    c. Time management
    d. All of the above

20. Developing a positive attitude requires:
    a. . Ignoring feedback
    b. Self-awareness and optimism
    c. Avoiding new experiences
    d. Self-criticisms

-- --- --

Descriptive

Time : 2 hrs. 30 min. **Marks : 50**

[Answer question no.1 & any four (4) from the rest]

1. Define Personality and discuss the various factors influencing personality development. **3+7=10**

2. Explain social development and its importance in shaping an individual's personality. **3+7=10**

3. What is Emotional Intelligence? Discuss its importance in personal and professional life. **5+5=10**

4. Discuss the significance of self-assessment and self-development in personality growth. **4+6=10**

5. Differentiate between Introvert, Extrovert, and Ambivert personalities with suitable examples. **3+7=10**

6. What is interpersonal communication? Explain the role of body language and etiquette in effective communication. **3+7=10**

7. Define attitude. Discuss the factors affecting positive and negative attitude. **5+5=10**

8. What is stress management? Explain causes of stress and techniques to manage it effectively. **4+6=10**

= = *** = =