

**BA LLB
FIFTH SEMESTER
PERSONALITY DEVELOPMENT
BLB – 501**
(USE OMR FOR OBJECTIVE PART)

**SET
A**

Duration: 3 hrs.

Full Marks: 70

Time: 30 min.

Marks: 20

(Objective)

Choose the correct answer from the following:

1X20=20

1. Personality is derived from the Latin word persona, which means:
 - a. Mask
 - b. Nature
 - c. Character
 - d. Behavior
2. Which of the following is not a determinant of personality?
 - a. Heredity
 - b. Environment
 - c. Situation
 - d. Economics
3. Social development primarily involves:
 - a. Development of emotions
 - b. Development of social relationships and interactions
 - c. Physical growth
 - d. Acquisition of intelligence
4. The process of acquiring beliefs and behaviors through social experience is called:
 - a. Conditioning
 - b. Learning
 - c. Socialization
 - d. Motivation
5. Which of the following is a factor influencing personality development?
 - a. Heredity
 - b. Environment
 - c. Cultural factors
 - d. All of the above
6. Emotional Intelligence is best described as:
 - a. Managing others' finances
 - b. Recognizing and managing one's own and others' emotions
 - c. Measuring intelligence quotient
 - d. Avoiding emotions in decision-making
7. Developing effective habits helps in:
 - a. Reducing communication
 - b. Enhancing personality and productivity
 - c. Avoiding social situations
 - d. Increasing aggression
8. Which of the following is a quality of a successful leader?
 - a. Inflexibility
 - b. Empathy
 - c. Indifference
 - d. Isolation
9. The ability to understand and manage relationships effectively refers to:
 - a. Social intelligence
 - b. Cognitive ability
 - c. Technical skill
 - d. Self-concept

10. Which of the following is not a type of personality?
 - a. Introvert
 - b. Extrovert
 - c. Ambivert
 - d. Observer
11. Self-assessment helps an individual to:
 - a. Compare with others
 - b. Understand strengths and weaknesses
 - c. Avoid introspection
 - d. Develop overconfidence
12. Motivation refers to:
 - a. A process that activates, directs, and sustains behavior
 - b. A temporary emotional response
 - c. Physical effort
 - d. Social interaction
13. Effective communication involves:
 - a. Only verbal skills
 - b. Body language and clarity
 - c. Repetition of information
 - d. Avoiding feedback
14. Body language is a key component of:
 - a. Written communication
 - b. Non-verbal communication
 - c. Digital literacy
 - d. Time management
15. Which of the following is a good manner in communication?
 - a. Interrupting others
 - b. Listening attentively
 - c. Speaking loudly
 - d. Ignoring tone
16. The spiritual journey beyond change management relates to:
 - a. Physical fitness
 - b. Self-awareness and transformation
 - c. Financial independence
 - d. External appearance
17. Positive attitude helps in:
 - a. Creating a healthy mental outlook
 - b. Reducing efficiency
 - c. Avoiding teamwork
 - d. Increasing stress
18. Which of the following is a cause of stress?
 - a. Balanced workload
 - b. Unrealistic expectations
 - c. Positive environment
 - d. Relaxation
19. Stress management techniques include:
 - a. Meditation
 - b. Exercise
 - c. Time management
 - d. All of the above
20. Developing a positive attitude requires:
 - a. Ignoring feedback
 - b. Self-awareness and optimism
 - c. Avoiding new experiences
 - d. Self-criticisms

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(Descriptive)

Time : 2 hrs. 30 min.

Marks : 50

[Answer question no.1 & any four (4) from the rest]

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| 1. | Define Personality and discuss the various factors influencing personality development. | 3+7=10 |
| 2. | Explain social development and its importance in shaping an individual's personality. | 3+7=10 |
| 3. | What is Emotional Intelligence? Discuss its importance in personal and professional life. | 5+5=10 |
| 4. | Discuss the significance of self-assessment and self-development in personality growth. | 4+6=10 |
| 5. | Differentiate between Introvert, Extrovert, and Ambivert personalities with suitable examples. | 3+7=10 |
| 6. | What is interpersonal communication? Explain the role of body language and etiquette in effective communication. | 3+7=10 |
| 7. | Define attitude. Discuss the factors affecting positive and negative attitude. | 5+5=10 |
| 8. | What is stress management? Explain causes of stress and techniques to manage it effectively. | 4+6=10 |

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